

Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani

DATE: July 14, 2000

RE: State Hospital Readmission Rates in Eleven States

The attached pages were distributed at a national meeting of the Sixteen State Performance Indicator Project earlier this week. The graphs compare state hospital readmission rates for eleven of the sixteen states. If this meeting was any indication, we can expect to see more multi-state indicators over the course of the next year. Representatives of the Center for Mental Services very clearly and strongly stated their intention that indicators will be produced and presented to Congress with forthcoming requests for increased federal block grant funding for mental health programs in the states. These data will provide the opportunity for Vermont's mental health service delivery system to compare itself to a number of different states with regard to widely recognized and consistently defined measures of service system performance.

This eleven state analysis shows that Vermont is among the states with relatively low readmission rates, but is similar to the majority of states with regard to differences in readmission rates between demographic groups. As in eight of the eleven states, men in Vermont are more likely than women to be readmitted. As in six of the eleven states, non-white patients are more likely than white patients to be readmitted.

The next round of analysis of these data will include an investigation of the relationship of readmission rates to overall state hospitalization rates and to state hospital lengths of stay in the states.

I look forward to your interpretation of these data and any thoughts you may have about their implications for public policy. As always, you can reach me at jpandiani@ddmhs.state.vt.us or 802-241-2638.

Indicator Q11- Readmission Within 30/180

Days of Discharge

Readmission

**To State Hospitals After
30 Days and 180 Days of Discharge**

By

Race, Gender, and Age

New York State Office of Mental Health
City Office 313.75
Behavioral Assessment & Treatment Services
Phone: (718) 624.7244
Email: info@nysomh.org

New York State Office of Mental Health
Statutory Unit 1.01.10
Community Services & Support Services
Phone: (718) 624.7244
Email: info@nysomh.org

Indicator Q11- Readmission Within 30/180
Days of Discharge

- Possible Reasons for Readmission
 - Release Prematurely
 - Inadequate Care
 - Incomplete/ineffective treatment
 - Lack of Continuity in Care

Indicator Q11- Readmission Within 30/180
Days of Discharge

- Goal:
 - Minimize Inappropriate Readmission
 - Reduce Cost
 - Improve Quality of Care

Indicator Q11- Readmission Within 30/180

Days of Discharge

30-Day and 180-Day Readmission Rates

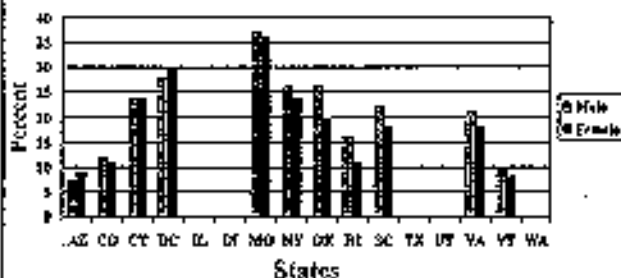


States

Indicator Q11- Readmission Within 30/180

Days of Discharge

Male and Female Readmission Rates - 180 Days

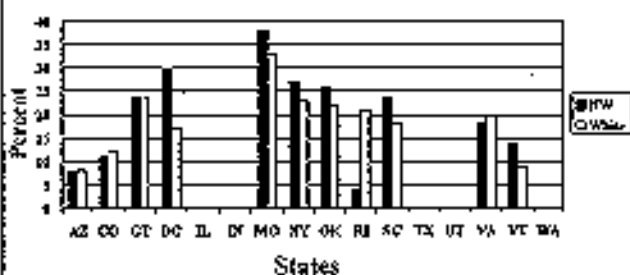


States

Indicator Q11- Readmission Within 30/180

Days of Discharge

Non-White & White Readmission Rates - 180 Days

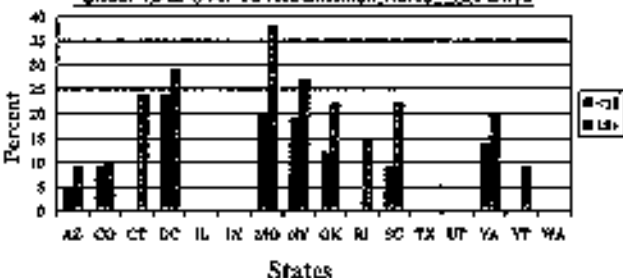


States

Indicator Q11- Readmission Within 30/180

Days of Discharge

Under 18 & Over 18 Readmission Rates - 180 Days



Indicator Q11- Readmission Within 30/180

Days of Discharge

Policy and Decision Application

- Need National Reporting With
 - Common Definitions
 - Diagnostic Information
 - Demographic Information
 - Appropriate risk Adjustment Methodology
 - N's (Population Size)
 - Impact of Differences Between States

Indicator Q11- Readmission Within 30/180

Days of Discharge

- National Benchmarks Will Enhance Our Ability To:
 - Review and Evaluate New Policy Initiatives
 - Manage Programs Based On Commonly Valid Data
 - Strengthen The Effectiveness of Inpatient Programs
 - Report Card